

# Introduction to Culinary Skills Level 1

The Certificate in Introduction to Culinary Skills Level 1 course is designed for 16-19-year olds interested in pursuing a career in the Culinary Arts/Catering Industry.

## Progression opportunities

This course will lead to:

- Hospitality and Culinary Arts Level 2

## Entry Requirements

The entry requirements for this course are:

- 4 GCSEs at Grade 1 (G) or above including English and maths
- Interview and assessment

If required, you will have the opportunity to study GCSE maths and/or English alongside your course so you can progress onto the next level.

## What will I study?

This course consists of the following modules:

- Introduction to employability in the catering and hospitality industry
- Health and safety awareness for catering and hospitality
- Introduction to healthier foods and special diets
- Introduction to kitchen equipment
- Prepare and cook food by stewing and braising
- Prepare and cook food by deep frying and shallow frying
- Regeneration of pre-prepared food
- Cold food preparation

### Disclaimer:

Every effort has been made to ensure the details contained in this leaflet are up-to-date and accurate at the time of printing. However, the College reserves the right to alter or cancel courses, their content, entry requirements, fees or other details should circumstances dictate.

## How will I be assessed?

You will be assessed through:

- Observation and knowledge questions
- Practical assessments and written assignments

### Disclaimer:

Every effort has been made to ensure the details contained in this leaflet are up-to-date and accurate at the time of printing. However, the College reserves the right to alter or cancel courses, their content, entry requirements, fees or other details should circumstances dictate.