

## Understanding Mental Health Level 3

This course is designed for 19+ adults.

The NCFE CACHE Certificate in Understanding Mental Health Level 3 course is a mix of on-campus and online learning allowing you to study modules in your own time while receiving the valuable support from our tutors during on-campus lessons.

This qualification will allow you to have a sound knowledge and understanding of mental health and mental wellbeing. Successful completion will support you into relevant employment within the Health and Social Care Sector.

**Course fee:** £811. You may be eligible to study this course for free or access [financial support](#).

### Progression opportunities

This course will lead to:

- Level 4 qualifications in relatable Health and Social Care, Early Years or Mental Health

### Entry Requirements

The entry requirements for this course are:

- There are no formal entry requirements. However, a Level 2 qualification in English and maths is preferred.

You will be required to attend an informal interview which may include completing an assessment based on your prior qualifications.

### What will I study?

This course consists of the following modules:

- Understanding the context of mental health and wellbeing
- Promotion of wellbeing
- Mental health problems and associated issues and consequences
- Mental ill health
- Working in the mental health sector

#### Disclaimer:

Every effort has been made to ensure the details contained in this leaflet are up-to-date and accurate at the time of printing. However, the College reserves the right to alter or cancel courses, their content, entry requirements, fees or other details should circumstances dictate.

## How will I be assessed?

You will be assessed via:

- Assignments – internal assessment

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