

Counselling Skills CPCAB Certificate Level 3

This course is suitable for learners aged 16-19 and 19+ adults.

This qualification aims to provide learners with in-depth knowledge of the use of counselling skills in everyday life and work and the approaches that underpin the use of these skills.

This qualification is ideal for those seeking to enhance their functional role through the use of counselling skills

Learners will gain an understanding of a range of counselling skills and have the opportunity to examine some of the various schools of thought/theoretical models associated with them.

This qualification does not qualify learners to practise as a counsellor.

The course is scheduled for 1 day per week.

You are also expected to do self-directed learning outside of college.

Progression opportunities

Your progression from this qualification will be either:

- Related higher education course
- Employment in a role in which counselling skills are used

This qualification does not qualify you to practice as a counsellor. However, it can support your progression within employment in a number of roles including:

- Support worker (supported living)
- Healthcare support service worker
- Clinical healthcare support worker
- Mental health support worker
- Information, advice and guidance worker
- Health education/health promotion worker

Entry Requirements

The entry requirements for this course are:

Disclaimer:

Every effort has been made to ensure the details contained in this leaflet are up-to-date and accurate at the time of printing. However, the College reserves the right to alter or cancel courses, their content, entry requirements, fees or other details should circumstances dictate.

- There are no specific recommended prior learning requirements for this qualification, but you may find it helpful if you've already achieved the NCFE CACHE Level 2 Certificate in Counselling Skills or a similar qualification,

What will I study?

This course consists of the following modules:

- Developing counselling skills
- Theoretical approaches in the use of counselling skills
- Working ethically with counselling skills
- Counselling skills and diversity
- Counselling skills and personal development

This course is supported by our Create Your Future Programme. An online curriculum, specially tailored to your course and level, to help you develop essential workplace skills, strengthen your independence, boost confidence and increase progression opportunities.

How will I be assessed?

You will be assessed via a variety of methods including:

- Assignments, group work and participation in class.
- You will also be assessed by observation of your skills practise.

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