

BTEC Level 3 Subsidiary Diploma in Sport (6 Unit)

This course is for ages 16-19 and 19+ Adults, who wish to gain an in depth knowledge of the sport and leisure industry.

This qualification will allow you to progress onto the second year of the level 3 course or gain employment opportunities within the sport and leisure industry.

Football students will receive 6 hours of coaching from our academy coaches as part of their enrichment programme. There will also be an opportunity to gain an FA Level 1 Coaching Qualification.

Selected students will have the opportunity to represent Waltham Forest College at intercollege football competitions.

Entry Requirements

The entry requirements for this course are:

- 4 GCSE's at grade 4 (C) or above including English and Maths or Merit in a relevant Level 2 qualification
- Interview and assessment

What will I study?

This course consists of the following modules:

- Principles of Anatomy & Physiology
- Physiology of Fitness
- Assessing Risk in Sport
- Fitness Testing for Sport and Exercise
- Practical Individual Sport

Disclaimer:

Every effort has been made to ensure the details contained in this leaflet are up-to-date and accurate at the time of printing. However, the College reserves the right to alter or cancel courses, their content, entry requirements, fees or other details should circumstances dictate.

- Sports Development
- Fitness Training and Programming

How will I be assessed?

You will be assessed via:

- Practical assessment
- Observations
- Coursework

Progression opportunities

This course will lead to university or for a career within the sports industry.

Disclaimer:

Every effort has been made to ensure the details contained in this leaflet are up-to-date and accurate at the time of printing. However, the College reserves the right to alter or cancel courses, their content, entry requirements, fees or other details should circumstances dictate.