

Focus on Independence Pre-Entry Level 1

This course is designed for young people aged 16-18, or up to 24 with an Education, Health and Care (EHC) plan who have Special Education Needs and/or a Learning Difficulty, who are likely to have support needs on entry, but expected to become more independent as they progress through the course.

Focus on Independence is a person-centred learning and development programme for those with high and somewhat complex needs working at the Pre-Entry Level.

The course will prepare you for adulthood by enabling you to gain the maximum possible degree of independence in your daily life. The focus is on transition to adulthood including independent living, health and wellbeing, community and social skills, and skills for work.

You may be working at Pre-Entry Level to Entry Level 1.

You may have access to Speech and Language Therapy if this is stated in your EHC plan.

- [Sector Overview](#)

Post 16 SEND provisions offer a range of courses to young people who have special educational needs and disabilities (SEND) which will help to prepare them for adulthood by improving independent living skills and developing employability. A person-centred approach is used to create an individualised programme of study that caters for the student's needs and helps them to achieve their goals.

- [Entry Requirements](#)

The entry requirements for this course are:

- Pre-Entry or working towards Entry 1

- [What will I study?](#)

This course consists of the following modules:

- Maths
- English/Communication
- Personal, social and health education (PSHE)
- Life skills
- Enrichment

- [How will I be assessed?](#)

You will be assessed via:

- Interview with Parent/Carer support
- A written task (if possible)
- Assessment of English and Math (if possible)

These are completed in a supportive and informal manner.

Disclaimer:

Every effort has been made to ensure the details contained in this leaflet are up-to-date and accurate at the time of printing. However, the College reserves the right to alter or cancel courses, their content, entry requirements, fees or other details should circumstances dictate.

- [Enrichment](#)

Focus on Independence learners will participate in enrichment sessions such as cooking, art, trips or sport/fitness programmes in the College's Student Common Room, Sports Hall or at the local YMCA Leisure Centre.

- [Work Experience](#)

You will be offered opportunities to actively engage and take part in experiential events to improve your personal development.

- [Progression opportunities](#)

Successful completion of this course will lead to:

- Entry Level 1 course

- [Alumni](#)

Alessia N's parent - 'Alessia has made significant progress; when she first arrived in this country, she found it quite difficult to communicate because of the language barrier, but now she can do so effectively and is even assisting her parents in doing so. I am delighted that she will be progressing to the next year and that she is developing strong academic skills makes'.

Waltham Forest College is a vibrant and aspirational college and will support you to reach your career aspirations. Last year 96% of learners progressed onto a positive destination either to higher levels of study, employment, or an Apprenticeship.

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